

## **If you are self-isolating we would like to help!**

**Swavesey Together** is a group of volunteers in Swavesey who would like to help those in the village who are self-isolating.

We can help with;

- Picking up shopping
- A friendly phone call
- Posting mail
- Collecting prescriptions
- Urgent supplies

You will be notified of your nearest contact shortly, however if in the meantime you need help please contact Jo, Lisa or Sandie who will co-ordinate your request and have one of the volunteers get in touch.

Stay safe, we will get through this together!

Jo Kerr                    jokerr99@gmail.com    07714 625243

Lisa Cohen-Veit    lisa.veit@gmail.com    07918 822230

Sandie Smith    cambridgegills@hotmail.co.uk    07806 709939

Please note - We are your local neighbours and not a professional body. We can only offer help within reason, and in ways we can also stay safe. If you need medical advice, use the NHS 111 online coronavirus service at [111.nhs.uk/covid-19](https://111.nhs.uk/covid-19), or if you have no internet access, call NHS 111 from your phone. In a medical emergency, dial 999.

**If you would like to join our volunteering group Swavesey Together please let us know!**