

WILLINGHAM & LONGSTANTON SURGERIES

Reception Tel: Willingham 01954 260230 Longstanton 207600 Dispensary 260073
District Nurse Team: 01223 726469 Option 2 Health Visitors: 01954 207612

Out of hours cover: Ring 111 Website: www.willinghammedicalpractice.nhs.uk



Practice Website www.willinghammedicalpractice.nhs.uk Have you visited our website recently? We would welcome your feedback and comments on what you would like to see on the website.



Do we have your up-to-date mobile phone number? This is important if we need to contact you urgently, or if you would like to receive a text reminder the day before your appointment at the surgery.



Patient Participation Group Our Patient Group always welcomes new members. We meet quarterly on a Thursday afternoon in Willingham Surgery. This is an opportunity to promote communication between the practice and its patients, and for you to become involved in local health issues which affect you and your practice. You can take part either by coming along to the meetings or by joining our email group. Contact forms are available from both the Willingham and Longstanton receptions.



Pharmacy News A big thank you to all patients who filled out our annual questionnaire. Your kind comments are much appreciated by our Pharmacy staff and help us in our efforts to provide an efficient service. If you would like to look at the results please ask at the Pharmacy. If you are claiming exemption from prescription charges please bring the appropriate letter or card with you when you pick up your dispensed medicine. If you are unsure whether you qualify there is a leaflet available in the Pharmacy which explains the various exemptions together with contact phone numbers



Child Psychology This is a new service held monthly at Willingham Surgery and run by Dr Laura Bennett from Child Psychology Cambridge to provide support for children, adolescents, parents, and carers. For details and appointments please ring 01223 853802. Get in touch for an initial free telephone consultation. info@childpsychologycambridge.com



The Foot Care Clinic at Willingham Surgery run by Mrs Casey Javed is now every Monday. For appointments and queries please call 01480 301337 or 07807 505534 or visit www.stiveschiroprpody.co.uk



Missed appointments in January = 37 nurse appointments and 52 GP appointments. This is much better than previous months and we are grateful when you remember to let us know if you no longer need an appointment so that others may benefit. Don't forget that you can book and cancel appointments on line so just ask reception how you can register for this service.



Out of hours emergency cover When the surgery is closed please ring 111 who will advise you on the most appropriate service for you. This will often be Urgent Care Cambridge (formerly CAMDOC) at the Chesterton Medical Centre where parking is free.



Please do not attend A & E unless you have a life threatening condition or you may require an X-ray. Remember that there are some local Minor Injury Units which can deal with minor injuries and X-rays such as The Princes of Wales Hospital in Ely and The City Care Centre at Peterborough. The wait will be considerably shorter than A & E.

OUT OF HOURS COVER - LOCAL MINOR INJURIES UNITS

Princess of Wales Hospital Minor Injuries Unit (Ely)

Lynn Road, Ely, CB6 1DN. Tel: 01353 656 675

Opening hours: Monday-Sunday, 8.30am-6pm. Saturday, Sunday and Bank Holidays, 8.30am-6pm. X-ray: Monday-Friday, 9am-4.45pm.

Doddington Community Hospital Minor Injuries Unit

Benwick Road, Doddington PE15 0UG Tel: 01354 644 243

Opening hours: 8.30am to 6pm Monday to Friday and 9am to 5pm Sat/Sun and Bank Hols.

St Neots Walk-in Centre

24 Moores Walk, St Neots, PE19 1AG. Tel: 01480 219 317

Opening hours for walk-in patients: 08:00-09:00 and 18:00-20:00 Mon-Fri and 09:00-16:00 Sat & Sun. Walk in appointments available 08:00-20:00 on bank holidays.

Minor Illness and Injury Unit at the City Care Centre (Peterborough). The Peterborough MIU can treat minor injuries and illnesses from strains and sprains, to broken bones, minor burns and bites. The MIU also aims to start patient treatment within 45 minutes.

City Care Centre, Thorpe Road, Peterborough, PE3 6DB Tel: 01733 293800

Opening hours: Monday-Sunday, 8am-8pm

North Cambridgeshire Hospital Minor Injuries Unit (Wisbech)

The Park, Wisbech, PE13 3AB Telephone: 01945 488068

Opening hours: Monday-Friday, 8.30am-6pm. Closed Saturday, Sunday and Bank Holidays.

X-ray: Monday-Friday, 9am-4.45pm